

## BISFed OFFICIAL TERMINOLOGY OF SHOT TYPES

Type of shot	Description	What the player needs to control	Expected outcome
FIRST BALL	First ball delivered after the jack.	Pace, line/trajectory.	To secure court-position to make difficult the next shot for the opponent.
PLACEMENT	A shot played to deliver a ball in a specific area.	Pace, line/trajectory.	To delivere the ball into a target area e.g. jack ball or scoring/def space.
PUSH ON	A shot in which the player pushes own ball closer into a target area e.g. jack ball or scoring space.	Pace, line.	To secure optimal court-position or to score points.
PUSH OFF	A shot in which the player pushes opposition ball away from the specific target.	Pace, line.	To create a space for the opportunity to score.
SMASH	Predominently power shot along the ground.	Line.	Scatter multiple balls.
RICOCHET	A shot played to rebound off a ball into a scoring zone.	Pace, line.	To create optimal court-position by using a blocking ball.
BOUNCE OVER	An aerial trajectory shot aimed at bouncing over a barrier ball to reach a specific target.	Pace, trajectory.	To skip the barrier ball to reach a specific target.
ROLL UP AND OVER	A shot with the intention of the ball rolling up and over.	Pace, line.	To score point or to deliver to ball into a specific or target area.
ROLL ON TOP	A shot with the intention of playing the ball and it remaining on top of another ball.	Pace, line.	To score points or to defend the target ball.
LOB	An aerial shot played to move a target ball by attacking over a ball.	Pace, trajectory.	To move a specific ball, which the player is unable to push off on the floor.

<sup>\*</sup> The Terminology video can be found on the Videos page of the BISFed website - http://www.bisfed.com/videos/