

BISFed Anti-Doping Education Programme

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Both BISFed, as the International Governing Body for boccia and its members and athletes, have a responsibility for ensuring that boccia remains a clean sport. In the interest of safeguarding the health of Boccia athletes, fair play and the reputation of our sport, it will be mandatory for all athletes who wish to compete in BISFed or IPC sanctioned events from 2019 onwards, to undertake an Anti-Doping Education Programme. This communication explains the background and what you need to do next.



Anti-Doping e-Learning

BISFed has chosen the ALPHA (Athlete Learning Program about Health and Anti-Doping) course on WADAs Anti-doping e-learning Platform (ADeL) as the best tool for this purpose.

ALPHA is an on-line program which gives athletes information about the dangers of doping and the importance of anti-doping controls and also promotes positive attitudes to avoiding doping. The tool shifts the focus from what athletes are not allowed to do, to offering solutions for clean progression in sport.

The ALPHA course is offered in English, French, Croatian, Japanese and Spanish and covers:

- The Doping Control Process
- Whereabouts requirements (this will only be applicable to a small number of Boccia athletes in 2019 but everyone must be aware of the process)
- Therapeutic Use Exemptions (TUE)
- The Results Management process

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Procedures

BISFed requires every athlete to complete and pass WADA's ALPHA course before their first competition in 2019.

BISFed will collect each athlete's results directly from the ADeL Platform.

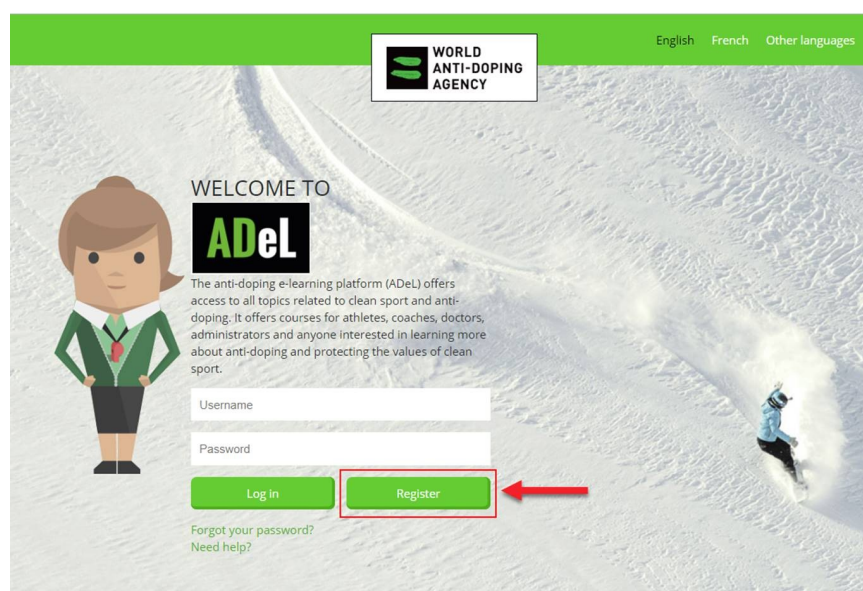
The certificate will be valid for two seasons, meaning that athletes will need to retake the course every two years.

BISFed is aware that in some cases athletes will need help to complete the course. Should this be the case or not, registration in the ADeL Platform must be in the athlete's name. BISFed recommends that for athletes who regularly work with Sport Assistants, both the athlete and the Sport Assistant work on the course together.

The ADeL Platform is ready for you to use now!

You can access ADeL here: <https://adel.wada-ama.org/>

- Click "Register" to create your account.



After clicking 'Register', the following screen will appear

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First name *	Last name *
<input type="text"/>	<input type="text"/>
Country *	Federation / Organization
<input type="text" value="United States"/>	<input type="text"/>
City *	Role *
<input type="text"/>	<input type="text" value="- Select a value -"/>
State *	Gender *
<input type="text" value="- Select -"/>	<input type="text" value="- Select a value -"/>
Age range *	Athlete Id
<input type="text" value="- Select a value -"/>	<input type="text" value="Insert your Athlete ID here"/>
Sport *	
<input type="text" value="Boccia"/>	
Discipline	
<input type="text" value="Para-Boccia"/>	

Important: The athlete license number must be registered inside the platform at the registration stage, in the section provided - Athlete ID. If you do not know your athlete license number, contact your BISFed member. The athlete license number, although not mandatory in the ADeL system, must be included so that BISFed can recognize your participation.

The sport of Boccia must also be selected.

Other courses

Whilst not mandatory, BISFed encourages everyone involved in the day to day of our athletes to take courses in ADeL. The Anti-Doping e-Learning platform (ADeL) offers access to all topics related to clean sport and anti-doping. It offers courses for athletes, coaches, doctors, administrators and anyone interested in learning more about anti-doping and protecting the values of clean sport.

The following courses are also available:

- CoachTrue
- Parents' Guide
- Sport Physician's Tool Kit
- ADO Kickstart
- University Textbook

Should you have any questions or issues with the ADeL Platform, please contact BISFed on admin@bisfed.com and we will do the utmost to help you.